

BRI Emergency Department Thromboprophylaxis Protocol

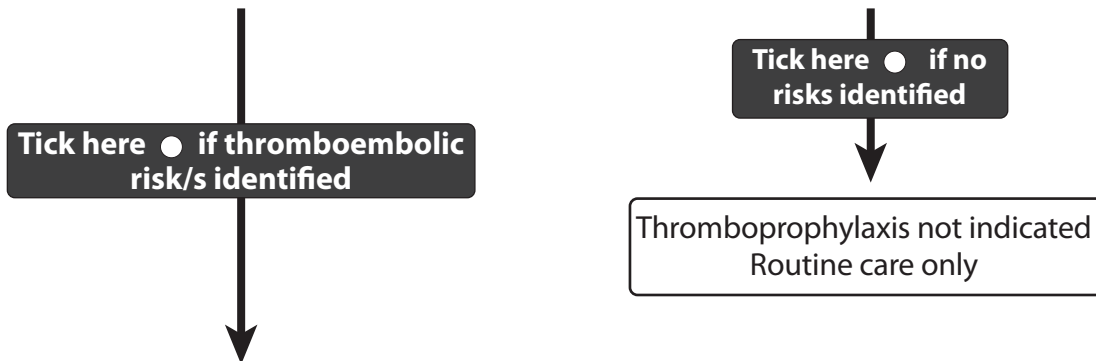
Respecting everyone
Embracing change
Recognising success
Working together

For ambulatory patients over 16 years old with isolated lower limb trauma requiring immobilisation in a rigid boot or plaster of paris

Patient's ID sticker	Clinician completing the form Sign Date Grade	GP contact details GP Name Practice address
Patient's telephone Nos.		

Thromboembolic risks? Please tick all that apply

- | | | |
|---|---|---|
| <input type="checkbox"/> BMI > 30 | <input type="checkbox"/> Taking tamoxifen or HRT | <input type="checkbox"/> Recent in-patient (≤ 6/52) |
| <input type="checkbox"/> Smoker | <input type="checkbox"/> Taking the combined oral contraceptive pill | <input type="checkbox"/> Pregnant or ≤ 6/52 post partum |
| <input type="checkbox"/> Active cancer | <input type="checkbox"/> Previous or first degree relative with VTE history | <input type="checkbox"/> Thrombophilia |
| <input type="checkbox"/> Age > 60 years | <input type="checkbox"/> Major co-morbidity (eg. CCF/COPD/CRF/inflam bowel disease) | <input type="checkbox"/> Varicosities |



Please tick any contraindications to thromboprophylaxis

- | | | |
|--|--|--|
| <input type="checkbox"/> eGFR < 30mL/min | <input type="checkbox"/> Heparin-induced thrombocytopenia | <input type="checkbox"/> Major trauma within 6 weeks |
| <input type="checkbox"/> Current warfarin/dabigatran/apixaban/rivaroxaban etc. | <input type="checkbox"/> Cerebral haemorrhage within 6 weeks | <input type="checkbox"/> Hypersensitivity to heparin |
| <input type="checkbox"/> Haemophilia | <input type="checkbox"/> Severe hypertension ≥ 180/110mmHg | <input type="checkbox"/> Risks outweigh benefits |
| <input type="checkbox"/> Other haemorrhagic disorder | <input type="checkbox"/> Upper GI bleed within 6 weeks | <input type="checkbox"/> Thrombocytopenia |



Management

- Explain the management and symptoms of DVT/PE and gain verbal consent from the patient
- Request FBC, U&E and LFT (no need for the patient to wait in the emergency department for results)
- Make a 'thrombosis service' appointment for within 48 hours of emergency department attendance
(call ext: 24684 8am-4pm Mon to Fri; 9am-1pm Sat & Sun, or via CSM at other times)
- Give the patient the information leaflet with the appointment details already written in
- Complete and fax this form to the DVT clinic on 0117-342-4323